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ReSTART

Rebuilding Careers with AI Skills & Problem-Based Learning

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Practical AI skills for career reintegration

Welcome to ReSTART: Rebuilding Careers with AI Skills

ReSTART empowers unemployed adults with job-relevant AI skills and human-AI collaboration competencies to support their reintegration into the labour market, particularly in remote and hybrid administrative, customer service and virtual assistant roles.

Practical AI skills for career reintegration. ReSTART is a two-year Erasmus+ cooperation partnership (8 December 2025 – 7 December 2027) bringing together six organisations from Germany, Italy, Estonia, Bulgaria, Lithuania and Poland.

KEYWORDS AI Skills · Human-AI Collaboration · Problem-Based Learning · Micro-credentials · Remote Work · Upskilling

Our Objectives

01 AI SKILLS & CAREER PATHWAYS

Equip unemployed adults with job-relevant AI skills and human-AI collaboration competencies for AI-supported roles.

02 PROBLEM-BASED LEARNING

Provide an accessible AI learning programme with realistic workplace scenarios, a digital platform and micro-credentials.

03 TRAINERS & WORKFORCE READINESS

Build trainer capacity, workplace exposure and AI workforce readiness across Europe.

Project Results

AI self-assessment & career pathways

AI self-assessment tool and career pathways for AI-supported job roles.

20+ PBL scenarios & micro-credentials

Digital learning platform with practical problem-based scenarios and recognised learning achievements.

Trainer Network & workplace exposure

Training of Trainers, peer learning, 150+ learners and industry shadowing opportunities.

Who Benefit

Unemployed adults seeking new opportunities in remote and hybrid administrative, customer service and virtual assistant roles – together with adult educators and trainers who support their learning.

AI Skills Are Becoming Essential Across Europe

1.7%	~771,000	3.7 million	~30%
of EU job advertisements were AI-related in 2025 (0.7% in 2022)	AI-related vacancies in 2025 (approx. 529,000 in 2022)	employees highly exposed to AI in 2025 (1.4 million in 2022)	of employees already using AI tools, incl. LLM-based chatbots

Key figures from AI@Work Fact Sheet #14, AI skills demand in the EU

Artificial intelligence is rapidly reshaping Europe's labour market. The new AI@Work Fact Sheet #14, AI skills demand in the EU shows that demand for advanced AI skills has grown substantially in recent years. The share of AI-related job advertisements across the EU more than doubled, from 0.7% in 2022 to 1.7% in 2025, while the number of AI-related vacancies increased from approximately 529,000 to 771,000.

The transformation goes well beyond specialised AI jobs. The study estimates that around 3.7 million employees in the EU were highly exposed to AI in 2025, compared with 1.4 million in 2022. At the same time, an EU-wide survey indicated that approximately 30% of employees were already using AI tools, including large-language-model-based chatbots.

These developments have important implications for adult education and vocational training. The report stresses the need to understand changing AI skill requirements and to ensure that the supply of appropriately skilled workers can keep pace with labour-market demand.

This is precisely where **ReSTART – Rebuilding Careers with AI Skills and Problem-Based Learning** becomes particularly relevant. The Erasmus+ project supports unemployed adults in developing practical, employment-oriented AI competences for emerging remote and hybrid roles. Rather than treating AI literacy as an abstract technological skill, ReSTART connects it with real workplace tasks, problem-based learning and career pathways, helping learners understand how AI can be used effectively and responsibly in everyday professional contexts.

The findings of the AI@Work study therefore reinforce a central idea behind ReSTART: AI skills are increasingly becoming employability skills. As workplaces change, accessible and practice-oriented adult education can help ensure that people who are unemployed or seeking new career opportunities are able to participate in this transformation rather than being left behind.

How ReSTART Works

01 ASSESS	02 LEARN	03 PRACTISE	04 PROGRESS
Identify existing AI skills and suitable career pathways.	Work through practical problem-based AI scenarios.	Apply AI skills in realistic workplace tasks and shadowing.	Validate learning through micro-credentials and career-oriented pathways.

Stay Connected

FOLLOW ReSTART

Follow the project's progress and find out how to take part in ReSTART activities in your country.

Website: https://restart.elnlab.eu
FB: https://www.facebook.com/profile.php?id=61587449092812

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PROJECT INFORMATION

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ERASMUS+ KA220-ADU

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End
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Duration
24 months

PROJECT PARTNERS

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